

RESEARCH ARTICLE

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Helminths infection of wild rodents in two regions of Iran

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Abstract

Rodents play an important role in the transmission of parasitic diseases to humans and pets. This study was conducted to evaluate the prevalence of helminth infections in rodents of three Provinces of Iran. A total of 92 rodents were live-trapped from the Provinces Hamadan (n=64), Golestan (n=9), and Mazandaran (n=19). The animals were humanely euthanized, and their intestinal tracts were removed and examined for helminth infections. The rodents belonged to six genera and 12 species *Apodemus hyrcanus*, *Apodemus uralensis*, *Meriones libycus*, *Meriones persicus*, *Meriones tristrami*, *Meriones vinogradovi*, *Microtus paradoxus*, *Microtus qazvinensis*, *Mus musculus*, *Nesokia indica*, *Rattus norvegicus* and *Rattus rattus*. The overall prevalence of helminth infection was 59.78%. Nine nematode species were identified: *Nippostrongylus brasiliensis*, *Trichostrongylidae* sp., *Heligmosomoides polygyrus*, *Heligmonoides taiwanensis*, *Syphacia* sp., *Aspicularis tetraptera*, *Heterakis spumosa*, *Mastophorus* spp., and *Trichuris* spp. Additionally, two cestode species, *Hymenolepis nana* and *Hymenolepis diminuta*, Mesocestoides larvae were identified. *Heligmonoides taiwanensis* isolated from *Meriones vinogradovi* is reported here for the first time from Iran. We identified three zoonotic helminth namely *H. nana*, *H. diminuta*, and *Syphacia* sp. in the examined rodents, and *M. persicus* is an efficient reservoir and spreader of eggs of these species. The findings of this study can provide insights into future-comprehensive programs regarding control strategies of these parasites.

Keywords: Wildlif, rodents, Helminths, Iran, Parasite.

Received:
14 June 2024

Accepted:
20 July 2024

INTRODUCTION

Small mammals, mainly rodents, are commonly found in urban and suburban environments and have an essential role in the life cycle of many parasites in various ecosystems, especially those with predator/prey relationships. Small mammals are considered as the paratenic and intermediate hosts for many protozoan and helminth parasites affecting humans and carnivores (Duscher et al. 2015, Rabiee et al. 2018) e.g., the genera *Hymenolepis*, *Echinococcus* (Thompson 2015), *Angiostrongylus* (Jarvi et al. 2017), *Capillaria* (Aghdam et al. 2015), and *Trichinella* (Sadighian et al. 1973). Wild rodents occasionally hunted by stray

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and domestic dogs and cats provides the chance of parasite transmission from the sylvatic into the domestic cycle or even synanthropic cycle, increasing the risk of human infection (Duscher et al. 2015).

Along the significant role of the domestic and predomestic rodents in transmission of pathogens to humans (Meerburg et al. 2009, Rabiee et al. 2018), Since deforestation process and urban extension result in close contact between wild rodents and humans (Bordes et al. 2015), the role of domestic and predomestic rodents in transmission of pathogens to humans is significant (Meerburg et al. 2009, Rabiee et al. 2018). Therefore, information on helminth fauna of wild rodents in control of zoonotic parasites is important.

This study was conducted to evaluate the helminth fauna of several species of wild rodents in three Provinces of Iran possessing different types of climate. Given the fact that the susceptibility to parasites varies among different species of rodents, and life cycle of helminth is influenced by environmental factors, the results of this study can provide new insights into development of control strategies for those helminth transmitted by rodents.

MATERIAL AND METHODS

Study sites

In contrast to the Province of Hamadan (34°80'N and 48°51'E), which is located in the west of Iran on the slopes of Mount Alvand and has a cold semi-arid climate, the Provinces of Mazandaran and Golestan are along the southern coast of the Caspian Sea in the north of Iran with a mild and humid climate (Fig1).

Rodents trapping and laboratory examination

From July 2016 to February 2017, 64 rodents were captured by live traps from 18 localities in Hamadan Province. Also, during April 2017, 28 rodents were captured from four and nine localities in Golestan (n=9) and Mazandaran (n=19) Provinces, respectively. Rodents were transported to the laboratory, euthanized with chloroform, and morphological and morphometric characteristics were recorded for each specimen. Identification of animal species was performed based on valid references (Wilson and Reeder 2005, Hillson 2016, Darvish et al. 2015). The intestinal tracts together with their offshoots were transferred in a Petri dish containing normal saline and carefully examined under a stereomicroscope for helminth. The recovered nematodes were preserved in 70% ethanol. The nematodes were cleared in lactophenol, and the cestodes were stained with acid carmine dye. All the specimens were examined by microscopy and identified based on their morphological features (Anderson et al. 2009, Yamaguti 1959).

Due to the large sample size for *M. persicus*, the seasonal effect on infection rate was evaluated for this rodent species in Hamadan Province to aim this purpose. Captured samples were classified into two main seasons (rainy and dry) based on relative humidity range. February and November with 11 and 7 ml and June with 2 ml average of rainfall per day were considered as rainy and dry seasons, respectively. The statistical analysis was performed by Pearson Chi-Square test using Prism version 7 software (Graphpad, La Jolla, CA, USA).

RESULTS

Identified species of rodents

A total of 92 rodents were trapped from Hamadan (n=64), Golestan (n=9) and Mazandaran (n=19) Provinces of Iran. The specimens comprised six genera and 12 species. The genus *Meriones* was the largest group, including 66.30% of all specimens and four species, namely *M. persicus* (53.26%), *M. vinogradovi* (6.52%), *M. libycus* (4.35%) and *M. tristrami* (2.17%), followed by the genera *Rattus* (16.31%) and *Microtus* (5.43%) (Table 1).



FIGURE 1. Geographical area of study.

Helminth Infection

Out of 92 rodents, 55 (59.78%) had an infection with at least one helminth species. Cestode-Nematode co-infection and nematodes infection with different species in the individual specimens were recorded in 10 (10.52%) and 7 (7.36%) rodents, respectively. The species *M. persicus* showed the highest prevalence of helminth infections (31 of 49, 63.26%). Table 2 shows the frequency of helminth infection based on the rodent species.

We identified nine nematode species: *Nippostrongylus brasiliense*, Trichostrongylidae sp., *Heligmosomoides polygyrus*, *Heligmonoides taiwanensis*, *Syphacia* sp., *Aspicularis tetraptera*, *Hetrakis spumosa*, *Mastophorus* sp., *Trichuris* sp., two species of adult cestodes, *Hymenolepis nana*, *Hymenolepis diminuta*, and larvae of *Mesocestoides*. The *Trichuris* spp. With 31.94% (23 of 72) was the most frequent helminth infection, and 22 of them were found in Hamadan Province. The second and third common helminth species found in this study were *H. diminuta* (18.05%) and *Syphacia* sp. (12.50%), respectively. The species *H. taiwanensis*, isolated from *M. vinogradovi*, is reported here for the first time from Iran.

In this study, the samples of the province of Golestan exhibited the highest rate of helminth infection (66.66%), followed by Hamadan (59.37%) and Mazandaran (57.89%) (Table 3).

We entrapped 24 specimens of *M. persicus* in the rainy season and 25 in the dry season. The overall prevalence of helminth infection in dry and rainy seasons was recorded as 56% and 70.83%, respectively. A significant difference was observed between the dry and rainy seasons in overall helminth infection ($P \leq 0.05$) (Fig 2). *Trichuris* spp. were significantly higher ($P \leq 0.05$) in the rainy season (54.16%) compared with the dry season (24%), while *H. diminuta* was the most common helminth infection in the dry season (36%), and its prevalence significantly decreased in rainy seasons (8.33%) ($P \leq 0.05$).

FIGURE 2. The impact of seasonality on prevalence and diversity of helminth infection in *M. persicus* from Hamadan Province, Iran.

FIGURE 3. *Heligmonoides taiwanensis* isolated from *M. vinogradovi* in Hamadan Province, Iran. a) posterior end of an adult male. b) anterior end of an adult male.

TABLE 1. The frequency of rodent species identified in two climate zones of Iran.

| | Province | <i>Meriones vinogradov</i> | <i>Meriones persicus</i> | <i>Meriones tristrami</i> | <i>Meriones libycus</i> | <i>Microtus qazvinensis</i> | <i>Microtus paradoxus</i> | <i>Rattus norvegicus</i> | <i>Rattus rattus</i> | <i>Mus musculus</i> | <i>Apodemus hyrcanicus</i> | <i>Apodemus uralensis</i> | <i>Nesokia indica</i> |
|-------------------------------|--------------|----------------------------|--------------------------|---------------------------|-------------------------|-----------------------------|---------------------------|--------------------------|----------------------|---------------------|----------------------------|---------------------------|-----------------------|
| Semi-arid climate | Hamadan | 6 | 49 | 2 | 4 | 3 | - | - | - | - | - | - | - |
| Mild and humid climate | Mazandaran | - | - | - | - | - | - | 14 | 1 | 2 | 2 | - | - |
| | Golestan | - | - | - | - | - | 2 | - | - | 1 | - | 1 | 5 |
| | Total | 6 | 49 | 2 | 4 | 3 | 2 | 14 | 1 | 3 | 2 | 1 | 5 |

TABLE 2. The frequency of helminth infection in rodent species of Iran examined in this study.

| Rodent species | Number rodents examined | <i>Nippostrongylus brasiliense</i> | <i>Trichostrongylidae</i> | <i>Heligmosomoides polygyrus</i> | <i>Heligmosomoides taiwanensis</i> | <i>Syphacia</i> sp | <i>Aspiculuris tetraptera</i> | <i>Hetrakis spumosa</i> | <i>Mastophorus</i> spp | <i>Trichuris</i> spp | <i>Hymenolepis nana</i> | <i>Hymenolepis diminuta</i> | <i>Mesocestoides</i> sp |
|-----------------------------|-------------------------|------------------------------------|---------------------------|----------------------------------|------------------------------------|--------------------|-------------------------------|-------------------------|------------------------|----------------------|-------------------------|-----------------------------|-------------------------|
| <i>Meriones vinogradovi</i> | 6 | | | | 1 | | | | 1 | 1 | | | 1 |
| <i>Meriones persicus</i> | 49 | | 1 | | | | | 1 | 2 | 19 | 1 | 10 | 3 |
| <i>Meriones tristrami</i> | 2 | | | | | | | | | 1 | | | |
| <i>Meriones libycus</i> | 4 | | | | | 3 | | | | | | | |
| <i>Microtus qazvinensis</i> | 3 | | | | | | | | | 1 | | | |
| <i>Microtus paradoxus</i> | 2 | | | | | 1 | 1 | | | | | | |
| <i>Apodemus hyrcanicus</i> | 2 | | | 1 | | 1 | | | | | | | |
| <i>Apodemus uralensis</i> | 1 | | | 1 | | 1 | | | | | | | |
| <i>Nesokia indica</i> | 5 | 1 | 1 | | | 1 | | | | | | | |
| <i>Rattus norvegicus</i> | 14 | | | 2 | | 1 | | 5 | | 1 | | 3 | |
| <i>Rattus rattus</i> | 1 | | | | | | | 1 | | | 1 | | |
| <i>Mus musculus</i> | 3 | | | 1 | | 1 | | | | | 1 | | |

DISCUSSION

The knowledge on helminth infections of wild rodents can provide valuable information regarding their potential transmission to human, pets and domestic animals. In this study, the Persian jird, *Meriones persicus*, as the most captured species, showed the highest rate of helminth infection. *Meriones persicus* is known as a widely distributed species with a high prevalence of helminth infection in Iran (Arzamani et al. 2018, Ranjbar et al. 2017, Harandi et al. 2016). In this study, this species harbored four species of nematodes, Trichostrongylidae, *Hetrakis spumosa*, *Mastophorus* sp., *Trichuris* spp., two species of cestodes (*Hymenolepis nana*, *H. diminuta*) and *Mesocestoides* sp. larvae with the highest prevalence belonging to *Trichuris* spp. Previously, reports from Kerman Province indicated *Trichuris muris* as the most frequent helminth infection in *M. persicus* (Harandi et al. 2016). Due to the presence of *H. nana* and *H. diminuta* in *M. persicus*, this species has a high potential role for transmission of these zoonotic helminth to humans in Iran.

TABLE 3. The diversity of helminth infection in two climate zones of Iran.

| Climate type | Province | | | | | | | | | | | | |
|------------------------|------------|------------------------------------|---------------------------|----------------------------------|----------------------------------|--------------------|-------------------------------|-------------------------|------------------------|----------------------|-------------------------|-----------------------------|----------------------|
| | | <i>Nippostrongylus brasiliense</i> | <i>Trichostrongylidae</i> | <i>Heligmosomoides polygyrus</i> | <i>Heligmonoides taiwanensis</i> | <i>Syphacia</i> sp | <i>Aspicularis tetraptera</i> | <i>Hetrakis spumosa</i> | <i>Mastophorus</i> spp | <i>Trichuris</i> spp | <i>Hymenolepis nana</i> | <i>Hymenolepis diminuta</i> | <i>Mesocostoides</i> |
| Semi-arid climate | Hamadan | - | 1 | - | 1 | 3 | - | 1 | 3 | 22 | 1 | 10 | 4 |
| | Mazandaran | - | 1 | 3 | - | 2 | - | 6 | - | 1 | 2 | 3 | - |
| Mild and humid climate | Golestan | 1 | | 2 | - | 4 | 1 | - | - | - | - | - | - |
| | Total | 1 | 2 | 5 | 1 | 9 | 1 | 7 | 3 | 23 | 3 | 13 | 4 |

Nowadays, with the changes in global climate, deforestations and other anthropogenic activities, like housing in remote areas, wild rodents are coming closer to human communities, particularly in densely urbanized regions with poor hygiene, e.g., most developing countries (Thompson 2015, Duscher et al. 2015). *H. nana* is the most common of human cestode worldwide (Crompton 1999, Rokni 2008). This helminth has a monoxenous life cycle with eggs immediately infective when passed in the feces. The direct life cycle of this worm makes its transmission to humans easier. In our study, only 3.26% of the examined rodents were infected with *H. nana*, while, *H. diminuta*, another zoonotic helminth with an indirect life cycle, showed a 14.13% prevalence rate. These results are in accordance with previous reports indicating a higher prevalence of *H. diminuta* compared to *H. nana* (Moradpour et al. 2018, Harandi et al. 2016). The high prevalence rate of this tapeworm in *M. persicus* was probably due to the omnivore food regime of this animal and the presence of beetles as intermediate hosts in their living habitats. Nonetheless, only a few reports of *H. diminuta* infection in humans are available (Motakef 1968, Mowlavi et al. 2008) because the infection of this parasite occurs via ingestion of infected arthropods, e.g. the beetle genus *Tribolium* (Makki et al. 2017).

Syphacia sp. was the third most frequent species with a prevalence of 9.78% in three Provinces. Available data indicate a high variation in the prevalence rate of this nematode in Iran and other countries (Nateghpour et al. 2015, Pakdel et al. 2013, Moradpour et al. 2018, Arzamani et al. 2018, Galán-Puchades et al. 2018). In Iran, the prevalence of this nematode species among rodents in Kermanshah (Pakdel et al. 2013), Kerman (Harandi et al. 2016) and Boyer-Ahmad district (Ranjbar et al. 2017), were 16.65%, 0%, and 5.7%, respectively. Such a variation in prevalence rate might be related to different factors, e.g., the rodent species examined. Further studies are needed to evaluate the infection rate of *Syphacia* among different rodent species.

Here, we report *Heligmonoides taiwanensis* for the first time from Iran (Fig.3). Other nematode parasites recovered in this study have previously been identified in other rodent species of Iran.

This difference in distribution and diversity of helminth among captured rodents may be related to the trapping period. The effect of seasonal variation on the parasitic fauna of rodents is available in other studies (Kataranovski et al. 2011, Zain et al. 2012). In our study, seasonal variation had a significant effect on helminth composition. The low prevalence of *Trichuris* spp. in the dry season might be due to rapid desiccation of their ova (Burden and Hammet 1979). In contrast, *H. diminuta*, in agreement with previous studies (Ahmad et al. 2014, Kataranovski et al. 2011), showed a higher prevalence in the dry season. The high prevalence of this parasite in the dry season is probably due to the abundance of beetles, which serve as the intermediate host for this species. The difference, as mentioned earlier, in the distribution and diversity of helminth may also be related to the study area. Many reports indicated that diversity and frequency of helminth, especially those with an intermediated host in their life cycle, are affected by the weather conditions (Mas-Coma et al. 2009).

Climate plays a crucial role in ecosystems affecting animals and plants as well as their associated pathogens, and changes in this factor influence survival rate, reproduction, and maturation of helminth (Mccarthy 1999, Cattadori et al. 2005). Our study showed almost a similar rate of helminth infection in rodents from two geographical areas with different climates types. However, the composition of their helminth fauna was different, supporting the climate impact on helminth diversity. Rodent species can also affect the distribution and diversity of helminth. The host species have shown to play a primary role in the distribution of the parasite infection (Zain et al. 2012). Due to the small sample size of the rodent species examined in this study, a strong conclusion on the relation between host and helminth diversity was not possible.

Our study provided information on the status of rodent helminth infection in two different climate zones of Iran. The results presented here are a part of the ongoing research assessing the risk of rodent-borne diseases in Iran. In this study, the assessment of the intrinsic and extrinsic factors such as sex, age, season and host species that may affect parasitic abundance was not possible due to random trapping. Further studies should be conducted to evaluate various parasite component and parasite burden, primarily their corresponding interactions with helminth infection for each rodent species. Our findings provide useful data on each species as a potential source of helminth infection to human.

Our results add credence to previous studies indicating rodents as a public health threat. Here, we identified three zoonotic helminth in rodents of two different geographical zones. Our results revealed that several species of rodents could possibility transmit *Syphacia* sp. to human and the eggs of this nematode can survive in the environment and potentially affect humans in the future. *Meriones persicus* was the most common rodent species entrapped in this study and showed the highest prevalence of helminth infection. Hence a comprehensive investigation regarding potentials of this species in the transmission of zoonotic diseases would be crucial.

Acknowledgments

We are grateful to the Pasteur Institute of Iran and Center for Communicable Diseases, Ministry of Health for supporting this investigation (Grants 617 & 810).

Statements & Declarations

Ethical approval: The study was approved by the Ethics Committee at Pasteur Institute of Iran.

Funding: This research received no external funding.

Availability of data and materials: All authors ensure that all data and materials support the findings.

Consent for publication: All authors read and approved the manuscript.

Competing interests: The authors declare no competing interests.

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